

Baystate Plastic and Reconstructive Surgery

MOHS/Skin Cancer Surgery Postoperative Instructions

- Keep area dry for 48 hours. After 48 hours you can shower but do not let the water hit the area directly and avoid hot showers.
- No heavy lifting until follow-up visit.
- Apply Vaseline to the incision daily
- Protect surgical site from outdoor elements ex. cold, wind, rain, sun
- **Do Not** apply ice to the surgical site.
- If bleeding apply light pressure to the surgical site and only dab the area.
- Keep surgical site elevated above your heart. If surgery was on your face, sleep in 2 pillows at night and avoid wearing shoes with laces to prevent unnecessary bending over.
- Call the office if you have increased pain, thick green oozing, fever over 100.3 or redness that is increasing in size.
- Our office hours are Monday 8-5 and Wednesday 8-3. If you have any questions call Michele at 413-370-8134. If you need to speak to the office outside of Wing office hours or after hours call the Springfield Office at 413-794-5363. They will page the doctor on call.

1 Week Post-Op Appointment: _____

2 Week Post-Op Appointment: _____

Aparajit Naram, MD

Luanne McCloskey, PAC

Michele Talaia, RN