Baystate Plastic and Reconstructive Surgery Post-Op Minor Procedure Instructions

- Keep the incision dry for 36 hours. After 36 hours you may get the incision site wet but be sure to pat dry after getting it wet.
- Apply Vaseline to the incision twice a day for the next 3 of days.
- If you have pain, you may take Tylenol or Ibuprofen. Alternating between the two medications is safe.
- Watch for signs of infection such as redness, increased pain, warmth, swelling, drainage or a fever of 101F. If you have any signs of infection, please call the office.
- At your follow-up appointment we will go over your pathology results. If you do not need a follow-up, we will call you with the results in 7-10 working days.
- If you have any questions or concerns, please call the office at 413-370-8134 we are in the office on Mondays 8-5 and Wednesdays 8-3. If you have an emergency or signs of infection outside of our Wing office hours, please call the Springfield office at 413-794-5363

Follow-up Appointment:	
Date:	
Time:	
Aparajit Naram MD	
Luanne McCloskey PA	
Michele Talaia RN	